



**FIT GUIDE**

**THIS GUIDE REFERS TO BODY MEASUREMENTS. FOR SPECIFIC STYLE MEASUREMENTS PLEASE USE INDIVIDUAL BRAND STYLE SPECS**

**To Fit** measurements are a guide only.

**To Fit** measurements are body measurements.

**Brand** measurements are garment measurements.

Each brand has specialised measurements per style therefore fit will vary depending on brand and styling.

A size M will be able to wear a size M across all brands however fit will vary depending on the style of the garment.

*Please see Brands spec sheets for specific garment measurements.*

**MENS / UNISEX CLOTHING**

	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
To fit Chest cm	81-86	86-91	91-97	97-102	102-112	112-122	122-132	132-142	142-147	147-152	152-157	157-183
To fit Chest Inch	33-34	35-37	38-40	41-43	44-47	48-50	51-53	54-56	58-60	61-63	64-68	70-76
To fit Waist cm:		76	81	86	91	96	101	106				
To fit Waist Inch:		30	32	34	36	38	40	42				

**INTERNATIONAL SIZES**

	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
French Sizes	38	40	42	44	46	48	50	52	54	56	58	60
Italian Sizes	42	44	46	48	50	52	54	56	58	60	62	64
German Sizes	30	32	33	34	36	38	40	42	44	46	48	50
Netherlands	30	32	33	34	36	38	40	42	44	46	48	50
Spain	38	40	42	44	46	48	50	52	54	56	58	60
USA	32	34	36	38	40	42	44	46	48	50	52	54

**LADIES CLOTHING**

	8	10	12	14	16	18	19	20
	XS	S	M	L	XL	2XL	3XL	4XL
To fit Chest cm	76-81	81-86	86-97	97-107	107-112	112-122	122-127	127-132
To fit Chest Inch	30-32	32-34	34-38	38-42	42-44	44-48	48-50	50-52

**INTERNATIONAL SIZES**

	6	8	10	12	14	16	18
FRENCH SIZES	34	36	38	40	42	44	46
ITALIAN SIZES	38	40	42	44	46	48	50
German Sizes	32	34	36	38	40	42	44
Netherlands	32	34	36	38	40	42	44
Spain	34	36	38	40	42	44	46
USA	2	4	6	8	10	12	14

**CHILDRENS CLOTHING**

	XXS	XS	S	M	L	XL	2XL
Chest	24	26	28	30	32	34	36
Age	1-2	3-4	5-6	7-8	9-10	11-12	13
Height (cm)	80-92	98-104	110-116	122-128	134-140	148-152	158

**INTERNATIONAL SIZES**

	XXS	XS	S	M	L	XL	2XL
Chest	24	26	28	30	32	34	36
Age	1-2	3-4	5-6	7-8	9-11	12-13	14-15
Height (cm)	80-92	98-104	110-116	122-128	134-146	152-158	164-170